

Your Complete **Blood Pressure Meds** Reference Guide From *Diabetes Health*

Category	Brand Name	Generic Name	Manufacturer	Minimum Daily Dosage (mg)	Maximum Daily Dosage (mg)	Special Considerations
Angiotensin Converting Enzyme (ACE) Inhibitors	Mavik	trandolapril	Abbott	1	8	May cause cough. May increase potassium levels. Do not use potassium or salt substitutes without talking to your doctor. Do not use if you are pregnant. May prevent diabetic kidney disease.
	Altace	ramipril	Monarch	1.25	20	
	Capoten	captopril	Apothecon	25	450	
		captopril	Various generics	25	450	
	Univasc	moexipril	Schwarz	7.5	60	
	Monopril	fosinopril	Bristol-Myers Squibb	10	80	
	Lotensin	benazepril	Novartis	5	80	
	Prinivil	lisinopril	Merck	2.5	80	
	Zestril	lisinopril	AstraZeneca	2.5	80	
		lisinopril	Various generics	2.5	80	
	Vasotec	enalapril	Merck	2.5	40	
		enalapril	Various generics	2.5	40	
	Accupril	quinapril	Pfizer	5	80	
Aceon	perindopril	Solvay	2	16		
Angiotensin II Receptor Blockers (ARBs)	Cozaar	losartan	Merck	25	100	May cause dizziness and upset stomach. Do not use if you are pregnant. Do not use potassium or salt substitutes without talking to your doctor. May help prevent diabetic kidney disease.
	Benicar	olmesartan	Sankyo	5	40	
	Diovan	valsartan	Novartis	80	320	
	Avapro	irbesartan	Bristol-Myers Squibb	75	300	
	Atacand	candesartan	AstraZeneca	2	32	
	Micardis	telmisartan	Boehringer-Ingelheim	20	80	
	Teveten	eprosartan	Biovail	400	800	
Calcium Channel Blockers (CCBs)	Sular	nisoldipine	AstraZeneca	10	60	May cause constipation, dizziness, upset stomach and flushing. Call your doctor if you are short of breath, have an unusual heartbeat or if your feet or hands start to swell.
	Adalat CC	nifedipine	Bayer	30	90	
	Procardia	nifedipine	Pfizer	30	120	
	Procardia XL	nifedipine	Pfizer	30	120	
		nifedipine	Various generics	30	120	
	Cardene	nicardipine	Roche	60	120	
	Cardene SR	nicardipine	Roche	60	120	
	DynaCirc	isradipine	Roche	5	20	
	DynaCirc CR	isradipine	Reliant	5	20	
	Plendil	felodipine	AstraZeneca	2.5	10	
	Cardizem	diltiazem	Biovail	120	360	
	Cardizem CD	diltiazem	Biovail	120	360	
		diltiazem	Various generics	120	360	
Dilacor XR	diltiazem	Watson	180	540		

Your Complete **Blood Pressure Meds** Reference Guide From *Diabetes Health*

Category	Brand Name	Generic Name	Manufacturer	Minimum Daily Dosage (mg)	Maximum Daily Dosage (mg)	Special Considerations
Alpha Blockers	Minipress	prazosin	Pfizer	2	40	Use caution when standing up to prevent sudden dizziness, especially with the first few doses.
	Minipress	prazosin	Various generics	2	40	
	Hytrin	terazosin	Abbott	1	20	
	Hytrin	terazosin	Various generics	1	20	
	Cardura	doxazosin	Roerig	1	16	
		doxazosin	Various generics	1	16	
Combined Alpha and Beta Blockers	Trandate	labetalol	Faro	200	2,400	Use caution when standing up to prevent sudden dizziness. Take with food to avoid stomach upset. May mask signs of low blood glucose.
	Normodyne	labetalol	Key	200	2,400	
		labetalol	Various generics	200	2,400	
	Coreg	carvedilol	GlaxoSmithKline	6.25	50	
Direct Vasodilators	Apresoline	hydralazine	Novartis	50	300	May cause headaches, fluid retention or fast heart rate.
Central Alpha-Agonists	Catapres	clonidine	Boehringer-Ingelheim	0.1	2.4	Do not discontinue drug suddenly without consulting your doctor.
		clonidine	Various generics	0.1	2.4	
	Catapres TTS (patch)	clonidine	Boehringer-Ingelheim	0.1	0.6	
	Aldomet	methyldopa	Merck	125	2,000	
		methyldopa	Various generics	125	2,000	

Your Complete **Cholesterol Meds** Reference Guide From *Diabetes Health*

Category	Brand Name	Generic Name	Manufacturer	Minimum Daily Dosage (mg)	Maximum Daily Dosage (mg)	Special Considerations
HMG-CoA Reductase Inhibitors (statins)	Lipitor	atorvastatin	Pfizer	10	80	Main action: Lowers LDL ("bad") cholesterol. Notify your doctor immediately if you experience muscle pain. Should have lab blood tests to check liver enzyme levels. Monitor both liver and kidney function when Crestor is used at the highest approved dose (40 mg). Use caution if combining with fibric acid derivatives or bile acid sequestrants (described below).
	Lescol	fluvastatin	Novartis	20	80	
	Lescol XL	fluvastatin	Novartis	80	80	
	Mevacor	lovastatin	Merck	10	80	
		lovastatin	Various generics	10	80	
	Altocor	extended-release lovastatin	Aura Labs	20	60	
	Pravachol	pravastatin	Bristol-Myers Squibb	10	80	
	Crestor	rosuvastatin	AstraZeneca	5	40	
	Zocor	simvastatin	Merck	5	80	

Your Complete **Cholesterol Meds** Reference Guide From *Diabetes Health*

Category	Brand Name	Generic Name	Manufacturer	Minimum Daily Dosage (mg)	Maximum Daily Dosage (mg)	Special Considerations
Cholesterol Absorption Inhibitors	Zetia	ezetimibe	Merck & Schering-Plough	10	10	Main action: Lowers LDL cholesterol. This new class of drugs selectively inhibits the intestinal absorption of cholesterol. Can be used as stand-alone therapy or in combination with statins. Take once daily with or without food. If used with a statin, the two can be taken together. If used with a bile acid sequestrant, it should be taken two hours before or four hours after the bile acid sequestrant.
Nicotinic Acid (niacin)	Niaspan	nicotinic acid (extended-release)	Kos	500 (starting dose)	2,000	Main action: Lowers LDL cholesterol, increases HDL ("good") cholesterol, lowers triglycerides. May cause flushing. Take with food. May increase blood glucose levels. Should have lab blood tests to check liver enzyme levels. Long-acting forms may be more likely to cause liver malfunction.
		nicotinic acid	Various generics	500	6,000	
Lipid Combinations	Advicor	lovastatin/niacin	Kos	20/500	40/2,000	See information for individual components.
	Vytorin	ezetimibe/simvastatin	Merck	10/10	10/40	
Fibric Acid Derivatives	Lopid	gemfibrozil	Pfizer	1,200	1,200	Main action: Lowers triglycerides, increases HDL cholesterol. Notify your doctor immediately if you experience muscle pain. Should have lab blood tests to check liver enzyme levels.
		gemfibrozil	Various generics	1,200	1,200	
	Tricor	fenofibrate	Abbott	48	145	
Bile Acid Sequestrants	LoCholest	cholestyramine	Warner Chilcott	4 grams	24 grams	Main action: Lowers LDL cholesterol. May cause constipation and stomach upset. May need to be taken at a different time than other medications to avoid drug interactions. May increase triglycerides.
	LoCholest light	ezetimibe/simvastatin	Warner Chilcott			
	Questran	cholestyramine	Par Pharmaceuticals	4 grams	24 grams	
	Questran light	cholestyramine light	Par Pharmaceuticals			
	Prevalite	cholestyramine	Upsher Smith	4 grams	24 grams	
		cholestyramine	Various generics	4 grams	24 grams	
		cholestyramine light	Various generics			
	Welchol	colesevelam	Sankyo	1,875 (3 tabs)	4,375 (7 tabs)	

Chart prepared by Chad Randall, PharmD, Silverdale, Washington; Cindi Poe, PharmD, Lewiston, Idaho; Cindy Onufer, RN, MA, BC-ADM, CDE, San Mateo, California; and Joanne Hayashi, PharmD, Monterey, California. Reviewed by R. Keith Campbell, RPh, CDE, Professor, Pharmacy Department, Washington State University, Pullman, Washington.