












Food & Nutritionals

| Company Name | Maker Of | Contact Information | Types of Educational Materials for Professionals | Types of Educational Materials for Patients | Languages | How to Order |
|--|--|---|--|---|-----------|---|
| Atkins Nutritionals, Inc.  | <ul style="list-style-type: none"> • Advantage Bars • Ready-to-Drink Shakes • Morning Start Bars • Indulge confections and ice cream • Quick Quisine bake mixes | 2002 Orville Drive North Ronkonkama, NY 11779 Phone: (800) 6-Atkins Web site: www.atkins.com | Please visit www.atkins.com for: <ul style="list-style-type: none"> • Research abstracts on controlled carbohydrate nutrition including links to PubMed • Materials on the importance of choosing whole foods and products that have fiber, protein, no added sugars, no trans fats and are low glycemic • Nutritional information on Atkins products and education on Net Atkins Count, a patent pending clinical method to test blood sugar impact of products Seminars and web-cast training by Atkins Nutritionists available upon request | Please visit http://university.atkins.com to: <ul style="list-style-type: none"> • Take free online weight control courses • Discuss meal planning and product options with other Diabetics • Post questions to Atkins Nutritionists • Atkins books, including Atkins Diabetes Revolution, Atkins for Life, and Dr. Atkins' New Diet Revolution | English | Phone: (800) 6-ATKINS Web site: www.atkins.com |
| Novartis Medical Nutrition  | <ul style="list-style-type: none"> • Choice DM, Fudge Brownie • Choice DM Sugar-Free Shakes (Chocolate Fudge, French Vanilla, Strawberries 'N Cream and Mocha Cappucino) | 777 Scudders Mill Road Plainsboro, NJ 08536 Phone: (800) 468-7746 Web site: novartisnutrition.com | Please visit our Web site novartisnutrition.com for information on <ul style="list-style-type: none"> • Living With Type 2 Diabetes, a diet plan by e-diets.com • All of the ChoiceDM nutritional products • \$1.50 coupon good on any of the ChoiceDM products • Managing diabetes | Please visit our Web site novartisnutrition.com for information on <ul style="list-style-type: none"> • Living With Type 2 Diabetes, a diet plan by e-diets.com • All of the ChoiceDM nutritional products • \$1.50 coupon good on any of the ChoiceDM products • Managing diabetes | English | Phone: (800) 468-7746 Web site: novartisnutrition.com |
| Merisant Worldwide  | Equal | 10 South Riverside Plaza, Suite 850 Chicago, Illinois 60606 | <ul style="list-style-type: none"> • Carbohydrate-counting teaching aid • Weight-loss teaching aid • Aspartame weight-control study | <ul style="list-style-type: none"> • Carbohydrate-counting pocket guide • Easy everyday logbook • Carbohydrate counting for better health • Portion-control bookmark | English | For online educational materials and additional information, visit www.equal.com . |
| ExtendBar  | Extend Bar, Peanut Butter Crunch | 2200 West Port Plaza Drive, Ste. 316 St. Louis, MO 63146 | Laminated discussion guide that explains how ExtendBar helps prevent blood sugar highs and lows and suppress appetite for up to nine hours. | <ul style="list-style-type: none"> • Brochures detailing ExtendBar's benefits. • A free two-bar sample pack or offer to have sample sent to patients home • Discount coupons for patient's first purchase | English | Phone: (800) 887-2919 Web site: www.extendbar.com |





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| <p>Fifty 50 Foods, Inc.</p>  | <ul style="list-style-type: none"> • Cookies and wafers • Chocolate Bars • Heart Cut Oatmeal • Fruit spreads and peanut butter • Ready-made pie crust • Candies • Meal-replacement shakes | P.O. Box 89 Mendham, NJ 07945 | Educational video "Guide to the Low Glycemic Index Diet" | Educational pamphlet "Managing Diabetes with a Low Glycemic Diet" | English | <p>Professionals: Write to FIFTY 50 Foods P.O. Box 89 Mendham, NJ 07945 on official letterhead, or fax request to FIFTY 50 Foods</p> <p>Fax: (973) 543-7006 on official letterhead</p> <p>Web site: www.fifty50.com</p> |
| <p>Ross Laboratories</p>  | Glucerna Shakes and Bars | 625 Cleveland Avenue Columbus, OH 43215 | <ul style="list-style-type: none"> • Ross Nutritional Product Handbook Gives healthcare professionals detailed nutritional information on Ross products. • Ross Learning Center helps busy professionals remain up to date on the latest in scientific and nutritional research. The Ross Learning Center also offers self-study and online continuing education programs, as well as educational news and events. • Rosscurrents.com Nutrition news, professional and patient education materials, and interactive tools designed to equip dietitians and nurses with the resources to stay informed. | <ul style="list-style-type: none"> • Glucerna.com A great tool to help manage diabetes on a daily basis. The site offers personalized meal and fitness plans, shopping lists and recipes, information on monitoring blood glucose levels, logs and journals for recording blood glucose levels, medications, food intake, etc. • The Diabetes Health Connection A free program from Glucerna, FreeStyle and Precision that provides the latest health, nutrition and fitness information and features. • In Control A free quarterly newsletter written by dietitians and certified diabetes educators. Along with the newsletter, you will receive product information, recipes and coupons. • Healthy Living With Diabetes: A Guide to Weight Management and Eating Well Healthy hints booklet for people with diabetes | English | <p>Phone: (800) 986-8589</p> <p>Web site: www.glucerna.com</p> |

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| Hodgson Mill, Inc.  | <ul style="list-style-type: none"> • Whole grain all-natural pastas • Hot cereals • Couscous • Baking and pancake mixes • Stone-ground flours and bread mixes | 1203 Niccum Avenue Effingham, IL 62401 Phone: (800) 525-0177 Web site: www.HodgsonMill.com | <ul style="list-style-type: none"> • Free samples of the Milled Flax Seed in the trial/sample-size package. • Hodgson by Mail catalog and a brochure titled 'Milled Flaxseed & You.' • Recipe sheets available upon request. | <ul style="list-style-type: none"> • Free samples of the Milled Flax Seed in the trial/sample-size package. • Hodgson by Mail catalog and a brochure titled 'Milled Flaxseed & You.' • Recipe sheets available upon request. | English | Phone: (800) 525-0177 Web site: www.HodgsonMill.com Call or log on to web site for free catalog. |
| Kellogg's Murray Sugar Free  | Cookies | Sampling Program 1203 State Road 67 Republic, OH 44867 | For use with classes, support groups, health fairs, screenings: <ul style="list-style-type: none"> • Samples of sugar-free cookies • Discount coupons | For use with classes, support groups, health fairs, screenings: <ul style="list-style-type: none"> • Samples of sugar-free cookies • Discount coupons | English | Phone: (419) 585-0223 E-mail: rmathon@mathonpr.com |
| KRAFT  | <ul style="list-style-type: none"> • Crystal Light • Sugar-Free Jell-O Gelatin • Sugar-Free LifeSavers | 3 Lakes Drive Northfield, IL 60093 Web site: www.kraftdiabetic.com Enterex Diabetic product | <ul style="list-style-type: none"> • Free online diabetes meal planner and blood glucose log • Downloadable fact sheets on diabetes and other topics • Recipes with complete nutrition and exchanges | <ul style="list-style-type: none"> • Free online diabetes meal planner and blood glucose log • Delicious seasonal recipes and meal tips • Educational articles • Online Calorie Burn and BMI calculators | English | For online educational materials visit www.kraftdiabetic.com |
| Nestlé  | <ul style="list-style-type: none"> • Nestlé Carnation Instant Breakfast for the Carb Conscious • Nestlé Crunch Sugar-Free • Nestlé Hot Cocoa No Sugar Added | P.O. Box 2178 Wilkes Barre, PA 18703 Phone: (800) 634-5508 Web site: www.everydayeating.com | Everyday Eating is a magazine from Nestlé that celebrates good food and good living for people managing diabetes. | Everyday Eating is a magazine from Nestlé that celebrates good food and good living for people managing diabetes. | English | Phone: (800) 634-5508 Web site: www.everydayeating.com |
| Novartis Medical Nutrition  | Optifast | P.O. Box 370 Minneapolis, MN 55416 | Continuing Education Nutrition and Diabetes: Managing the Patient with Special Needs Technical product information Recipe support | Diabetes and Nutrition: Managing Diabetes at Home | English | Phone: (800) 333-3785 Web site: www.NovartisNutrition.com www.optifast.com |

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| Revival Soy  | Revival Soy | 1031 E. Mountain Street, Bldg 302, Kernersville, NC 27284 Phone: (800) REVIVAL Web site: www.revivalsoy.com | <ul style="list-style-type: none"> • "Getting Started" booklet • "Weight 101" • "Product Catalog" | Literature that includes: <ul style="list-style-type: none"> • a synopsis of clinical trial information regarding the many benefits of soy • glycemic index information • a section on diabetic health | English | Phone: (800) REVIVAL Ask for medical samples department Web site: www.revivalsoy.com E-mail: samples@revivalsoy.com |
| SlimFast Foods Company  | SlimFast | 777 S. Flagler Drive West Tower - 14th Floor West Palm Beach, FL 33401 | <ul style="list-style-type: none"> • Abstracts of published research • Nutrition profiles for all product • Chart on medications that cause weight gain • Comparison chart of Slim-Fast products to other leading brands • BMI charts • Guide to losing weight with Slim-Fast • Guide to losing weight with Slim-Fast for patients with diabetes | <ul style="list-style-type: none"> • Patient weight-loss challenge program • Sensible meals booklet • Guide to losing weight with Slim-Fast booklet • Guide to losing weight for people with diabetes • Free membership to the www.Slim-Fast.Com weight-loss support center | English and limited information in Spanish | Phone: (800) Slim-Fast Web site: www.slimfast.com E-mail: support@slimfast.com |
| Stevita Co., Inc.  | Stevia | 7650 US Hwy. 287 Suite 104 Arlington, TX 76001 Phone (800) 337-5561 Web site: www.stevitastevia.com | <ul style="list-style-type: none"> • Samples of spoonable stevia packets, fruit-flavored stevia packets • SteviaDent gum to hand out to patients • Product brochures and health and research information on stevia (diabetic studies, blood pressure, etc.) | <ul style="list-style-type: none"> • Sample packets of spoonable stevia • One fruit flavor stevia packet • Brochure and information | English | Phone: (800) 337-5561 to request free samples. * Please provide proof of credentials |
| Victus (Enterex)  | Enterex Diabetic | 4918 SW 74th Court, Miami, FL 33155 | <ul style="list-style-type: none"> • Enterex Diabetic product information sheet • Enterex Diabetic leaflet • Enterex Diabetic rebate coupon checkbook • www.enterexdiabetic.com Web site professionals link | <ul style="list-style-type: none"> • Mini product leaflet • \$2.00-off rebate coupon • www.enterexdiabetic.com Web site • Ask Janis diabetes educator service | English Spanish | Register for free services, store availability or order online from: www.EnterexDiabetic.com and www.Victusinc.com |